# Informed Assent Form

#### Overview

In order to assure that [name of program] is of high quality and has a positive impact on you, [name of program] engages in ongoing evaluation and quality improvement efforts. As a part of our program, you will be asked to fill out surveys at the beginning and end of each program cycle.

### **Procedures**

The surveys take about 20 minutes and ask that you reflect on your personal growth. These surveys support staff reflection and ongoing program improvement.

#### Risk/Discomforts

Risks are minimal to none for involvement in this study. However, you may feel emotionally uneasy when asked to make judgments about yourself.

### **Benefits**

You will become more reflective about your skills and behaviors. Reflection is a skill that has been shown to lead to a wide-range of benefits for young people. Additionally, as staff closely observe people like yourself, they become more aware of specific strengths and challenges, allowing them to tailor and improve the program to meet your specific needs.

## Confidentiality

All data obtained from you will be kept confidential and will be used by staff to increase the quality of the program. Data will be gathered through a secure data platform and database. You will be provided with unique numeric identifiers and your name will not be associated with data. Data reported externally will be reported as a combined group result only. Individual data may used to support program staff become more aware of your unique strengths and challenges, allowing them to tailor and improve the program to meet your specific needs.

### **Participation**

Participation in this evaluation is completely voluntary. You have the right to withdraw at anytime or refuse to participate entirely without jeopardy to your status in the program. If you desire to withdraw, please contact [insert program administrators name and contact information]

### **Questions About The Evaluation**

If you have questions regarding this study, you may contact [insert name and contact information for program administrator].

I have read and understand this consent form and I agree to participate in this study. I have also been provided a signed copy this form.

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