

## MAPPING OUTCOMES AND PRACTICES ACROSS YOUTH AND STAFF SURVEYS

YD iLearning System	Outcomes Survey Items	
<p><b>Self-Management</b></p> <ul style="list-style-type: none"> <li>• Emotion regulation</li> <li>• Positive risk taking</li> <li>• Persistence</li> </ul> <p><i>Why?</i>  <i>Correlated with grade point averages and standardized test scores, fewer suspensions and expulsions, and improved social development.</i></p>	<ul style="list-style-type: none"> <li>• I keep going, even when things get tough or stressful.</li> <li>• I put in my best effort even when something I'm working on gets tough.</li> <li>• I can deal with my emotions when I'm disappointed.</li> <li>• I can stay calm, even when things get tough or stressful.</li> <li>• I can deal with whatever comes.</li> <li>• If things get tough or stressful, I have a way to deal with it (like counting to 10, exercising, talking to someone).</li> </ul>	
	Effective Practices Survey Items	
	<p><b>In the program, I...</b></p> <ul style="list-style-type: none"> <li>• ...helped other kids when they needed it.</li> <li>• ...discovered something new that I loved doing.</li> </ul> <p><b>Adults (staff) in this program...</b></p> <ul style="list-style-type: none"> <li>• ...helped me set my own goals.</li> <li>• ...always expected me to try hard to do my best.</li> </ul>	
<p><b>Social Skills</b></p> <ul style="list-style-type: none"> <li>• Caring</li> <li>• Perspective taking</li> </ul> <p><i>Why?</i>  <i>Supports positive social interactions and promotes positive youth ↔ environment interactions.</i></p>	<th style="text-align: center;">Outcomes Survey Items</th>	Outcomes Survey Items
	<ul style="list-style-type: none"> <li>• When one of my friends is hurting, I understand and try to help.</li> <li>• I listen to other people and what they think.</li> <li>• Other people's feelings matter to me. I try to support others when they aren't as good as me at something.</li> </ul>	
	Effective Practices Survey Items	
	<p><b>In the program, I...</b></p> <ul style="list-style-type: none"> <li>• ...set goals and created plans to complete them.</li> <li>• ... felt that I was a part of a team or community.</li> </ul> <p><b>Adults (staff) in this program...</b></p> <ul style="list-style-type: none"> <li>• ...asked me what I was interested in and helped me explore those interests.</li> <li>• ...always expected me to try hard to do my best.</li> </ul>	

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<p><b>Positive Identity</b></p> <ul style="list-style-type: none"> <li>• Self Awareness</li> <li>• Confidence</li> </ul> <p><i>Why?</i></p> <p><i>Correlated with higher confidence and reduced behavioral problems.</i></p>	<p style="text-align: center;"><b>Outcomes Survey Items</b></p> <ul style="list-style-type: none"> <li>• I take the time to find out about my own identities (who I am).</li> <li>• I participate in activities and programs to explore my identities (who I am).</li> <li>• I think a lot about how my life will be affected by my identities (who I am).</li> <li>• I have a clear sense of my identities (who I am) and what it means for me.</li> </ul> <p style="text-align: center;"><b>Effective Practices Survey Items</b></p> <p><b>In the program, I...</b></p> <ul style="list-style-type: none"> <li>• ...helped set group goals.</li> <li>• ...helped other kids when they needed it.</li> </ul> <p><b>Adults (staff) in this program...</b></p> <ul style="list-style-type: none"> <li>• ...always expected me to try hard to do my best.</li> <li>• ...always expected that I could succeed.</li> </ul>
<p><b>Academic Self-Efficacy</b></p> <ul style="list-style-type: none"> <li>• Hopeful academic future</li> </ul> <p><i>Why?</i></p> <p><i>Correlated with higher grade point averages and standardized test scores, fewer suspensions and expulsions, and longer-term gains in skills to identify, attain, and retain a career.</i></p>	<p style="text-align: center;"><b>Outcomes Survey Items</b></p> <ul style="list-style-type: none"> <li>• It's important for me to work hard in school.</li> <li>• I am confident I can do well in school.</li> <li>• I am a good student.</li> <li>• I believe that finishing school will help me achieve my goals.</li> </ul> <p style="text-align: center;"><b>Effective Practices Survey Items</b></p> <p><b>In the program, I...</b></p> <ul style="list-style-type: none"> <li>• ...worked in groups with other kids who I had never met.</li> <li>• ...pushed myself to try when something was hard.</li> </ul> <p><b>Adults (staff) in this program...</b></p> <ul style="list-style-type: none"> <li>• ...always expected me to try hard to do my best.</li> <li>• ...helped me set my own goals.</li> </ul>

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YD iLearning System	Outcomes Survey Items	
<p><b>Contribution</b></p> <ul style="list-style-type: none"> <li>A youth’s contribution to family, community, and society.</li> </ul> <p><i>Why?</i>  <i>Correlated with higher grade point averages and standardized test scores, fewer suspensions and expulsions, and improved social development.</i></p>	<ul style="list-style-type: none"> <li>It is important for me to participate in my community.</li> <li>I know how I can use my interests and skills to make my community better.</li> <li>How often do you participate in activities to learn more about your passions and interests and explore them?</li> <li>How often do you participate in activities that make your community better (like volunteering, cleaning up litter)?</li> </ul>	
	Effective Practices Survey Items	
	<p><b>In the program, I...</b></p> <ul style="list-style-type: none"> <li>...set goals and created plans to complete them.</li> <li>...felt that I was a part of a team or community.</li> </ul> <p><b>Adults (staff) in this program...</b></p> <ul style="list-style-type: none"> <li>...asked me what I was interested in and helped me explore those interests.</li> <li>...always expected me to try hard to do my best.</li> </ul>	
<p><b>Social Capital</b></p> <ul style="list-style-type: none"> <li>Positive bonds with people and institutions (e.g., school, community center, youth-serving organization).</li> </ul> <p><i>Why?</i>  <i>Builds youth’s support network and sense of belonging within their environment.</i></p>	<th style="text-align: center;">Outcomes Survey Items</th>	Outcomes Survey Items
	<p><b>How many adults in your life OUTSIDE of the program...</b></p> <ul style="list-style-type: none"> <li>expect you to do your best?</li> <li>expect you to explore your interests?</li> <li>help you with your schoolwork?</li> <li>believe that you will succeed?</li> <li>pay attention to what’s going on in your life?</li> <li>can be counted on for help if you had a big problem?</li> </ul>	
	Effective Practices Survey Items	
	<p><b>In the program, I...</b></p> <ul style="list-style-type: none"> <li>...helped set group goals.</li> <li>...found out more about my identities (who I am).</li> <li>...discovered something new that I loved doing.</li> </ul>	